

**MAJOR EXTENSION PROGRAMS
STATE UNIVERSITIES & COLLEGES**

ACCOMPLISHED (2022)

NAME OF SUC	TITLE	NATURE	EXPECTED RESULT/OUTCOME
Southern Luzon State University	Balikbayan, Balik Kabuhayan	Business Enterprises Community Development	Helping OFW returnees from Sampaloc Quezon to be financially self-sufficient by helping them polish their entrepreneurial skills. Increased livelihood through food service and catering management to engage in catering business.
	Day Care Worker Mentoring	Social Services	Mentoring program which will help the day care workers improve their services towards children's development and equip them with pedagogical skills and competencies to address the growing demand of the understanding of children's growth and development in the 21st century. The trainings will help to improve the teaching competency of day care workers and enhance their teaching effectiveness.
	P3K Project: Pigkabuhayan, Pigkalusugan, Pigkaunlaran sa Kanayunan	Livelihood Skills Training, Environmental Awareness Business Enterprises	Focusing on the pig raising livelihood program (pigkabuhayan), environmental and health benefits (pigkalusugan) and progress on financial and socio-economic activity (pigkaunlaran) of the recipients.
	HAPLAS: Helping Alleviate Poverty of LGBT through Amplifying Skills	Livelihood Skills Training Gender and Development	The project shall help the members of the LGBT association of the Samahang Ikatlong Lahi Infanta (SILI) in amplifying their skills to pursue sustainable livelihood for economic upliftment.

	Realigning Attitudes and Perception of Residents Along Mt. Banahaw Protected Area	Environmental Management	Imparting psycho-social and psycho-educational intervention and integration to residents along the Banahaw protected area relative to their practices and environmental management of the mountain. Through the project, residents will Develop a positive attitude and perception among the residents regarding the mountain stewardship and its impact on their personal and communal living.
	With Retooling In Technical communication Everyone Succeeds (WRITES)	Education	Teaching public officials how to write formal documents, as well as review basic grammar rules, and technical and mechanical neatness through series of seminar-workshops.
	Present to Represent! A Training Program on Developing Key Communication and Technology Skills in the Community	Environmental Protection	The project aims to teach public officials how to write formal documents, as well as review basic grammar rules, and technical and mechanical neatness through series of seminar-workshops. The project shall equip the participants to be proficient in technical communication.
	Establishment of Green Space in SLSU Catanauan and K-12 Schools in Quezon Province	Environment Awareness	Establishing green spaces for the beneficiary schools that would ensure environmental conservation awareness. Participants are expected to appreciate the importance of environmental protection and management through science-based approach.
	The Nature Patrollers of Lucban	Environmental Protection	Equipping the Barangay Officials of Lucban, Quezon, including the Barangay Captains, Barangay Councilors for Environmental Committee, and Sangguniang Kabataan Officials, with sufficient information about the significant flora and faunal species found in Mt Banahaw de Lucban.

**MAJOR EXTENSION PROGRAMS
STATE UNIVERSITIES & COLLEGES**

ON-GOING (2023)

NAME OF SUC	TITLE	NATURE	EXPECTED RESULT/OUTCOME
Southern Luzon State University	Practical School on Early Childhood Education	Social Services, Early Childhood Development	Day care children will have improvement in the performance as well as the day care child workers.
	TAWAG (Tutorial with Around the W orld in Achieving G oals)	Livelihood Skills Training	Helping out-of-school youth, adults and unemployed individuals from Lucban and nearby towns in Quezon Province to be job ready. This training will also give other possible job opportunities other than landing a job in the BPO industry.
	Kaagapay sa Kalusugan at Kaligtasan (KKK) Para sa Senior Citizens	Health Awareness Social Services	Enhancing the health condition of senior citizens through health education to prevent senior citizens degenerative diseases to guide the community towards development. Enhanced knowledge and awareness on different lifestyle related to diseases.
	Pederasyon ng SLP ay Palakasin, Tagumpay ay Kakamtin	Business Enterprises Community Development	Assisting the members of the Sustainable Livelihood Program Association by providing various training. At the end of the two-year project, the SLPA Officers and its members will be able to build their confidence through spearheading activities in Tagkawayan, Quezon and develop community driven enterprises by functional SLP groups contributing to Local Economic Development.
	Dagdag na Kita sa Libangan ng Pamilya	Livelihood Skills Training Agriculture and Rural Development	Improving the values and time management capabilities, help alleviate the economic status of the Aeta community in General

			Nakar, and the 4P's beneficiaries of Lucban and Catanauan, Quezon by engaging in improved native chicken production.
	Sugar Mo, Alaga Ko	Health Awareness	Providing education, monitoring and management of clients with diabetes. Promote the quality life and prevent further complication among diabetic clients.
	Adopt-A- Cooperative	Business Enterprises Community Development	Assisting leaders of small cooperatives in Lucban, Quezon in governing their respective cooperatives and enhancing the leaders' capability and make them competent and knowledgeable in setting cooperative's direction.
	"HUBOG" (Hikayatin sa Pag- U nlad B ayan kong I niir O G)	Livelihood Skills Training Agriculture and Rural Development Community Development	Teaching the farmers organic farming and agri-businesses that will help them to earn extra income. Furthermore, farmers taught basic oral communication skills to increase their confidence in agricultural marketing and in coping with our complex and technological world.
	HEEL: Health, Education, Environment and Livelihood	Health Awareness Livelihood Skills Training Environmental Awareness	Conducting seminars and trainings among the different out of school youth (OSY), unemployed and/ or household mother of Gumaca, Quezon to educate and develop their skills which will later on allow the beneficiaries to be more productive and self-reliant citizens.
	DUAL TECH: Developing Updated and Advances Learning using TECHNOlogy	Skills Training	The project will conduct seminars and workshops on the use of computer technology among secondary school teachers at extension schools in the Schools Division of Lucena City. They will teach them to create and facilitate platform on how to incorporate technology in the teaching and learning process and through this the participants will be empowered by enhancing their digital competencies.
	KAMI NA PO COCO Project (K Abuhayan ng	Livelihood Skills Training	The KAMINA PO COCO Project is a two in one project which will help resolve the unemployment of adolescent mothers of Polillo

	Millineal na NANay ng POLillo-Buhat sa COCONut)		and at the same time will help the residents of Polillo develop an alternative product of coconut. With this project, the socio-economic status of the adolescent mothers will be uplifted through self-employment from previously unemployed status.
	Like and Love Shelter: Life Skills Improvement, Knowledge Inculcation, Livelihood Opportunities and Values Enrichment for Shelter for Children and Women at Risk	Social Services	Providing psycho-educational intervention services to the parents of children admitted in the shelter that classified as Children in conflict with the Law (CICL) Physically Abused (PA); Sexually Abused (SA); Verbally Abused (VA) Children at Risk and Neglected. Families who will receive the therapy could have better understanding of healthy boundaries and family patterns and dynamics and eventually develop a positive attitude as the family face difficult situations.
	Skills Training for Out-of-School Youth and Displaced Workers	Livelihood Skills Training	Conducting skills training for the Out-of-School Youth and Displaced Workers of Lucban Quezon with limited economic options due to pandemic. Upon the completion of the one-year project, trainees in these qualifications may qualify to take the National Assessment (NCII) that will enable them to acquire employment and uplift their living.
	Beekeeping (Melliponiculture) and Agroforestry Technology Adoption for livelihood Option and Resource Conservation of LGU and Locals of Paete, Laguna	Livelihood Skills Training Agriculture and Rural Development Community Development	Capacitating the local community and the LGU Paete on ways to nurture and propagate native honeybees in the area. At the end of the project, apiary and bee pasture areas in the locality will establish.
	AKBAY (Alalay sa mga Katutubong Badjau tungo sa pagAhon at pagYabong)	Social Services Livelihood Skills Training	Empowering the Sama-Badjau tribe members through basic literacy program for adult tribe members, capacity building, physical fitness, and talent workshops.

	Kabute at Pukyutan: A Livelihood Program for Farmers Association in Tiaong Quezon	Agriculture and Rural Development	Improving the lives of the farmers in Tiaong, Quezon by providing technical assistance through seminars and training on the importance, processing, and marketing of mushroom and bee products.
	Dwarf Coconut Demonstration Farm in SLSU Tayabas	Agriculture and Rural Development	Establishing a Coconut Demonstration project that will generate technology to be shared through extension services. The ultimate target is to increase coconut and improve its productivity and social and economic benefits.
	“CATAN-A-WAN” (CATAN auan: Adopted Municipality for the W elfare A nd Development of the N eighborhood	Livelihood Skills Training	Giving awareness on water and waste management. It shall also provide training-workshops on the computer, electronics, electrical, entrepreneurship, and welding, and introduce technologies like solar and pumps. With this, participants will develop their awareness, knowledge, and skill to help them and their community start alternative income sources.
	Organization and Establishment of AMIA San Francisco Farmers' Cooperative	Good governance	This project aims to assist the AMIA villagers in forming or establishing their cooperative. Through this effort, it is expected that AMIA villagers will establish and organize their own cooperative and give stronger involvement in the value chain and increasing their market power.
	Baga Mo Alaga Ko	Health and Nutrition	This project will assist the government in diagnosing and evaluating people with TB thru Chest X-ray examination. This will also aim to reduce the possible spread of disease in the community. Doing such, healthy and beyond mediocrity quality life among the people in the community can be achieved.
	Timbang mo, Alamin mo at Babantayan ko	Health and Nutrition	This project envisioned to develop clients to practice positive health outcome by employing change in eating habit and practices and be engaged in healthy active lifestyle activities among the selected solo parent members. This also aims to

			create a positive health outcome and to manage their weight to prevent the risk of having obesity related problems.
	Enhancement Training Program for Senior High School Mathematics Teachers	Literacy and Informed Citizenry	This project aims to enhance the skills and knowledge of senior high school teachers in calculus, and probability and statistics subjects. This will lead to the improvement the Mathematics NAT score of Quezon province
	BAYANIHAN PARA SA BALIK KABAYAN: BalikaBayanihan Psycho-Social & Entrepreneurial Training	Livelihood and Skills Training Community Development	This project aims to organize the provincial level capacity-building training for returning OFWs and their families from Quezon Province. Overall, the training is expected to equip participants with psycho-social and entrepreneurial capacity to withstand the challenges brought about by the pandemic and returning home from working abroad for years.
	Inter-Actions: An International Webinar Series on Language & Communication Studies	Literacy and Informed Citizenry	This project will provide a platform through a webinar on which to discuss the current developments in language and communication studies. This also envision to create better name recall of Southern Luzon State University as a Philippine center of academic conversations in language and communication studies in the global stage.
	MAUBAN (Municipality And U niversity B uilding A lliance for N ation-building): Community-based Mental Health Awareness and Intervention Program	Community Development Health and Nutrition	This project aims to provide mental health services in the community and in the workplace by raising mental health awareness, acquiring knowledge and skills through the specialized trainings, and improving their well-being through counseling, psychotherapy, and rehabilitation.
	C.A.R.E. - Covid- 19 Awareness and Resources	Literacy and Informed Citizenry Community Development	To assist the parents in Lucban, Quezon in guiding their children in coping to the new normal during post-pandemic and to assist their children in developing their fine motor skills and helps them

	for E arly childhood in the Post-Pandemic		lessen their children's boredom through the different learning activities.
	Project DATE (Development of A dvanced Training Course Modules, Training of Mathematics T eachers, and Participatory E valuation)	Literacy and Informed Citizenry	This project aims to develop the content knowledge of Mathematics Teachers in the following areas: Patterns and Algebra; Geometry; and Statistics and Probability. This could also result to the improvement of mathematical competence of thousands of high school students in Binulasan Integrated School, Infanta National High School, Langgas National High School, and Infanta National High School.
	SLSU-REED+Plus – An Intervention Model for Research, Extension, Enterprise & Policy Development Continuum	Livelihood and Skills Training Community Development Good governance	This project aims to promote research, extension and enterprise developed in the community. Design and implement project, activities and interventions that promote sustainable utilization of the natural resources, new livelihood opportunities, and policy development that support local economic development.
	Project CROPP-PDL : Creating C ontinual R esources through O rganic P lant P roduction among the Persons Deprived of Liberty	Agriculture and Rural Development Livelihood and Skills Training	This project will conduct training on urban gardening to the persons deprived of liberty (PDLs) at Lucena City District Jail. This will also empower the PDLs in having a sustainable source of food and livelihood that will hone them as more productive citizens.
	SLSU students Teaching Underprivileged, Technically-overt and at-Risk Senior Highers	Literacy and Informed Citizenry	This project aims to help senior high school students at risk (SARs) cope in their learning process and develop their skills and enhance their knowledge specifically in areas of TVL, by providing the students with online tutors. At the same time, this will hone the future teachers of Lucena campus on the use of technology in teaching and dealing with their students in their future endeavor.

	Adopt A Community of Dumagat In Brgy. Taluon Polillo, Quezon	Health and Nutrition Literacy and Informed Citizenry	This project aims to inculcate love of culture, improvement of way of living and promotion of education among Dumagat families and to empower Dumagats, living with improved health, embrace cultural and religious practices with self-confidence.
	Technology-capability Enhancement and Advancement of Makapuno (TEAM) Farmers in ALQUEREZ Island	Agriculture and Rural Development	This project aims to enhance the technology-capability and ensure advancement in the life of makapuno farmers in the three municipalities of Alabat, Quezon and Perez, Quezon.
	PARENT-GUIDED INTERVENTION through Comprehensive and Holistic Instructions towards Literacy and Development (CHILD) amidst COVID 19 Pandemic (Part 2)	Literacy and Informed Citizenry	The project aims to establish a positive parent-child relationship by helping the parents of the elementary students to guide their children to become independent and motivated readers and to develop parent's awareness of their responsibility.

**MAJOR EXTENSION PROGRAMS
STATE UNIVERSITIES & COLLEGES**

PROPOSED (2023)

NAME OF SUC	TITLE	NATURE	EXPECTED RESULT/OUTCOME
Southern Luzon State University	Mentoring Cooperatives in Quezon Province for Sustainable Operation	Literacy and Informed Citizenry	This project aims to provide guidelines for developing a mentoring program for the sustainability of operations of cooperatives. From the introduction of mentoring approach, development of mentoring program for the cooperatives to the initial implementation of such mechanism will be covered by this program through the CABHA-GS faculty, local (QFUC) and international (Catalyste+) partners on this undertaking.
	“ PLANT ” (PeopLe And Nature Together) Urban Greening Project in Valenzuela City	Environmental Governance	The project aims to inform and to train participants and partners in the community regarding conservation and protection advocacies for the environment.
	Salin: A Gender-Sensitive Training-Workshop in Language Translation	Literacy and Informed Citizenry	It aims to provide knowledge and information in translation. It will assist teachers to broaden their experience in translating documents and to use gender-fair language appropriately. Also, this program will be able to help them to translate apt meaning of a word or a sentence linguistically, semantically, and pragmatically. Through, first-hand experience in translation, this training will help them to become specialists in translation.
	“ JO-MA-LIG ”: JOin us in MAKing LIGht and Neighborhood Development	Livelihood and Skills Training Community Development	The project aims conduct seminar and training to raise awareness and knowledge on basic electrical and installation maintenance among selected beneficiaries.

	E-SKUL: Edukasyon para Sa Kabataan Upang Labanan ang kahirapan	Livelihood and Skills Training Literacy and Informed Citizenry	The project aims to help alleviate poverty of the Out of School Youth through education. This will be done in Macalelon, Quezon with a poverty incidence of 19.16 and ranks 12th in the 2018 Poverty Incidence in Quezon Province. The project will provide series of seminars and trainings in computer literacy.
	Business Opportunities, Health, Wellness, Livelihood, Education and Literacy Training Program (BOHWLET Training PROGRAM) in Barangay Caridad Ibaba, Atimonan, Quezon	Literacy and Informed Citizenry Agriculture and Rural Development Community Development	The project intends to extend the full support and commitment in developing and prioritizing the Atimonanins, a semi-commercialized area, that is considered its home. It aims to share the knowledge and expertise of the university through the use of research-based approach towards economic and agricultural sustainability, natural resources management, development programs.
	Bida Si Lolo At Lola	Literacy and Informed Citizenry Health and Nutrition	The project aims to inform the elderly on what privileges they can enjoy from the government that will help alleviate the difficulty of their situations as senior citizens.
	Unlad Palay: Unlad Buhay	Literacy and Informed Citizenry Agriculture and Rural Development	The project aims to provide and equip farmers and their household member/spouse with knowledge, understanding, and familiarization in utilizing the agricultural applications particularly Rice doctor and Binhing palay.



“HUBOG” (Hikayatin sa Pag-Unlad Bayan kong IniirOG)

Teaching the farmers organic farming and agri-businesses that will help them to earn extra income. Furthermore, farmers taught basic oral communication skills to increase their confidence in agricultural marketing and in coping with our complex and technological world.

Project Duration: September 1, 2020 – August 31, 2023





AKBAY (Alalay sa mga Katutubong Badjau tungo sa pagAhon at pagYabong)

Empowering the Sama-Badjau tribe members through basic literacy program for adult tribe members, capacity building, physical fitness, and talent workshops.

Project Duration: July 1, 2021 – June 30, 2024





SLSU-REED+Plus – An Intervention Model for Research, Extension, Enterprise & Policy Development Continuum

This project aims to promote research, extension and enterprise developed in the community. Design and implement project, activities and interventions that promote sustainable utilization of the natural resources, new livelihood opportunities, and policy development that support local economic development.

Project Duration: September 1, 2022 – August 31, 2025





Balikbayan, Balik Kabuhayan

Helping OFW returnees from Sampaloc Quezon to be financially self-sufficient by helping them polish their entrepreneurial skills. Increased livelihood through food service and catering management to engage in catering business.

Project Duration: September 1, 2020 – August 31, 2023

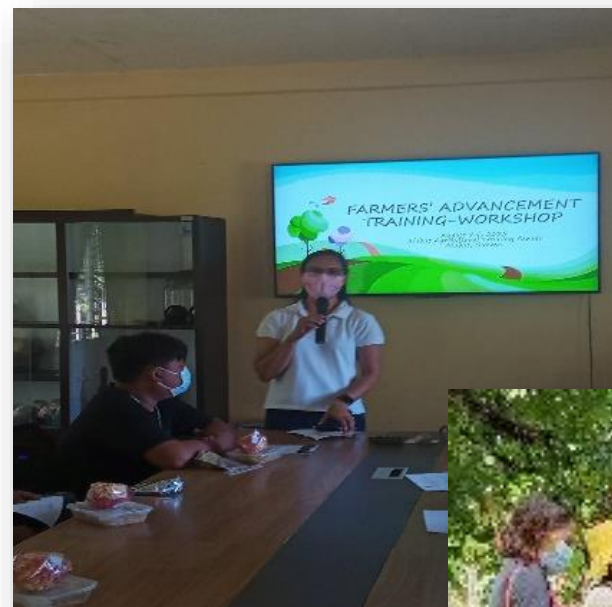




Technology-capability Enhancement and Advancement of Makapuno (TEAM) Farmers in ALQUEREZ Island

This project aims to enhance the technology-capability and ensure advancement in the life of makapuno farmers in the three municipalities of Alabat, Quezon and Perez, Quezon.

Project Duration: September 1, 2022 – August 31, 2023





“CATAN-A-WAN” (CATANauan: Adopted Municipality for the Welfare And Development of the Neighborhood

Giving awareness on water and waste management. It shall also provide training-workshops on the computer, electronics, electrical, entrepreneurship, and welding, and introduce technologies like solar and pumps. With this, participants will develop their awareness, knowledge, and skill to help them and their community start alternative income sources.

Project Duration: July 1, 2021 – June 30, 2023





Health, Education, Environment and Livelihood

Conducting seminars and trainings among the different out of school youth (OSY), unemployed and/ or household mother of Gumaca, Quezon to educate and develop their skills which will later on allow the beneficiaries to be more productive and self-reliant citizens.

Project Duration: September 1, 2020 – August 31, 2023





Skills Training for Out-of-School Youth and Displaced

Workers of Lucban Quezon with limited economic options due to pandemic. Upon the completion of the one-year project, trainees in these qualifications may qualify to take the National Assessment (NCII) that will enable them to acquire employment and uplift their living.

Project Duration: July 1, 2021 – June 30, 2022



